



Alaska State WIC
New Minimum Stock Requirements
Effective October 1, 2009



Date: _____ Vendor # _____ Mgr Name: _____
Store Name: _____ Signature: _____
Mailing Address: _____ City, State Zip: _____
Phone #: _____ Fax #: _____
E-mail: _____ # of Checkstands: _____

Provide the following required information for most recent 12 month period available. If unable to provide, please attach an explanation.

Total Retail Sales: _____ Total Food Sales: * _____
Primary Wholesaler: _____ Delivery Method(s): _____

** Include all sales of "food stamp eligible" food items*

Minimum stock requirements are divided by groups. Please identify which group your vendor belongs to.

***Group A = 1-3 checkstands
Group B = 4-6 checkstands
Group C = 7 or more checkstands***

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
CANNED FISH	Any eligible brand May be regular or low sodium <u>Canned Tuna:</u> Size 6.25 oz can or less Plain only, packed in water No pouches, no albacore or white tuna <u>Canned Pink Salmon</u> 14.75 oz, 7.5 oz. or 5-6 oz. cans Skin and bones allowed <u>Canned Sardines</u> 3.75 or 15 oz. cans Water or oil packed Added flavors allowed Skin and bones allowed	Group A: Must total 90 oz. (for example: 15 (6 oz) cans) Group B: Must total 150 oz. (for example: 25 (6 oz) cans) Group C: Must total 450 oz. (for example: 75 (6oz) cans)	Tuna packed in water	6 or 6.25 oz	\$ (highest price)	_____ # of cans
				____ oz (write in)	\$ (highest price)	_____ # of cans
			Canned pink salmon	14.75 oz can	\$ (highest price)	_____ # of cans
				7.5 oz can	\$ (highest price)	_____ # of cans
				5-6 oz can	\$ (highest price)	_____ # of cans
			Canned sardines	3.75 oz can	\$ (highest price)	_____ # of cans
				15 oz. can	\$ (highest price)	_____ # of cans

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CEREAL	<p>Please see description box to the right for eligible brands. Minimum package size is 12 oz for cold cereal Minimum package size is 11.8 oz for hot cereal No single serving boxes or packets except Quaker Instant Oatmeal & Instant Cream of Wheat</p>	<p>At least 2 kinds of cold cereal and 1 kind of hot cereal. At least one of these must be Whole Grain (WG). Group A: 9 boxes: 6 (12oz or larger) boxes cold cereal and 3 (11.8 oz or larger) boxes hot cereal. Group B: 18 boxes: 12 (12oz or larger) boxes cold cereal and 6 (11.8 oz or larger) boxes hot cereal. Group C: 45 boxes: 30 (12oz or larger) boxes cold cereal and 15 (11.8 oz or larger) boxes hot cereal.</p>	COLD: General Mills Cheerios, plain, WG	18 oz	\$	_____ # of boxes
			COLD: General Mills Cheerios, plain, WG	21.6 oz	\$	_____ # of boxes
			COLD: General Mills Multigrain Cheerios, WG	12.8 oz	\$	_____ # of boxes
			COLD: Quaker Life, plain, WG	15 oz	\$	_____ # of boxes
			COLD: Quaker Life, plain, WG	21 oz	\$	_____ # of boxes
			COLD: General Mills Honey KIX, WG	12 oz	\$	_____ # of boxes
			COLD: Post Banana Nut Crunch, WG	15.5 oz	\$	_____ # of boxes
			COLD: Post Honey Bunches of Oats Almonds (blue box)	14.5-16 oz	\$	_____ # of boxes
			COLD: Post Honey Bunches of Oats Almonds (blue box)	19 oz	\$	_____ # of boxes
			COLD: Post Honey Bunches of Oats with Vanilla Clusters, WG	18 oz	\$	_____ # of boxes
			COLD: Post Grape Nuts Flakes, WG	14 oz	\$	_____ # of boxes
			COLD: Post Grape Nuts Flakes, WG	18 oz	\$	_____ # of boxes
			COLD: General Mills Rice Chex gluten free	14 oz	\$	_____ # of boxes
			COLD: Store brand Corn Flakes (Please circle: Flavorite, Fred Meyer/Kroger, Great	____oz (write in)	\$	_____ # of boxes

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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CEREAL continued	For requirements, please see page 2	For minimum stock requirements, please see page 2.	Value, IGA, Ralston, Safeway, or Western Family)			
			COLD: Store brand Crispy Rice (<u>Please circle:</u> Flavorite, Fred Meyer/Kroger, IGA, Malt-O-Meal, Ralston, Safeway, Great Value, or Western Family)	_____oz (write in)	\$	_____ # of boxes
			COLD: Store brand Frosted Shredded Wheat – mini and whole grain (<u>Please circle:</u> Flavorite, Fred Meyer/Kroger, IGA, Ralston, Safeway, Western Family, or Malt-O-Meal Frosted Mini-Spooners) WG	_____oz (write in)	\$	_____ # of boxes
			HOT: Cream of Wheat Whole Grain Stove Top 2 ½ min (blue box), WG	18oz	\$	_____ # of boxes
			HOT: Cream of Wheat Original 2-1/2 Minute (red box), 1 Minute (white box), Instant (individual packages), or 10 Minute (yellow box)	28 oz	\$	_____ # of boxes
			HOT: Malt O Meal – original only	36 oz	\$	_____ # of boxes
			HOT: Quaker Instant Grits Whole Grain	12 oz	\$	_____ # of boxes

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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CHEESE	Mild, medium only Any eligible least expensive brand. 16 oz. or larger American, Cheddar, Colby, Colby-Jack, Kraft Deluxe American loaf, Monterey Jack, mozzarella, and Swiss Blends of above cheese are allowed Low fat, low sodium No cheese food, product, or spread No shredded, grated, string, sharp or extra sharp, imported, deli, organic, soy, goat, or raw Only sliced cheese allowed is American (can be individually wrapped) No cheese with flavorings or added ingredients No organic	Group A: 4 pounds Group B: 8 pounds Group C: 16 pounds	Please provide LEAST EXPENSIVE Brand Name			
			American _____	1 lb	\$	_____ # of loaves
			American _____	2 lb	\$	_____ # of loaves
			Colby _____	1 lb	\$	_____ # of loaves
			Colby _____	2 lb	\$	_____ # of loaves
			Colby-Jack _____	1 lb	\$	_____ # of loaves
			Colby-Jack _____	2 lb	\$	_____ # of loaves
			Monterey Jack _____	1 lb	\$	_____ # of loaves
			Monterey Jack _____	2 lb	\$	_____ # of loaves
			Mozarella (block or ball) _____	1 lb	\$	_____ # of loaves
			Mozarella (block or ball) _____	2 lb	\$	_____ # of loaves
			Swiss _____	1 lb	\$	_____ # of loaves

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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CHEESE continued	For requirements, please see page 5.	For minimum stock requirements, please see page 5.	Kraft Deluxe American Loaf _____	1 lb	\$	_____ # of loaves
			Kraft Deluxe American Loaf _____	2 lb	\$	_____ # of loaves
DRY OR CANNED LEGUMES	Any type/brand, mature legumes and peas, lentils, etc. or mixed Regular or low sodium No bulk or organic No bean soups No added seasoning No added sugars, fats, oils, or meat as purchased No immature varieties of green peas, green beans, snap peas, orange beans, or wax beans, , pork and beans, beans containing added sugars, fats, meats, or oils. Baked beans only when listed on warrant. Four 16 oz. cans can be substituted for 1 # dry. 15.5 oz. cans can be stocked as long as the minimum amounts of 16 oz. cans are available.	Group A: 2 # dry 12 cans (16 oz.) Group B: 4 # dry 24 cans (16 oz. canned) Group C: 12 # dry 50 cans (16 oz. canned)	Dry Beans, Peas, Lentils	1 lb	\$ (highest price)	_____ # of dry packages
			Canned Beans	16 oz can	\$ (highest price)	_____ # of 16 oz. cans
EGGS	Any eligible brand Amount printed on warrant but may buy less 12 egg carton White, whole, chicken eggs, small, medium, or large No specialty eggs (Eggland's Best, Naturally-nested, free range, or organic) No extra large or jumbo No brown eggs or low cholesterol	Group A: 4 dozen Group B: 6 dozen Group C: 12 dozen	Eggs (large)	1 dozen	\$ (highest price)	_____ # of packages

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
JUICE	<p>Only approved brands as listed in Description section (to the right)</p> <p><u>Frozen Juices:</u> 11.5 to 12 oz for women only 16 oz. for children only No natural or artificial sweeteners added No glass containers</p> <p><u>Shelf Stable Juices:</u> 46 oz cans for women only (46 oz plastic bottle approved for Grape juice only) 64 oz. plastic bottles for children only</p> <p><u>Pourable Concentrates: For women only</u> Must be pasteurized, 100% unsweetened fruit or vegetable juice 11.5 oz size Any flavor Juicy Juice Any flavor Welch's</p>	<p>Group A: <u>Choose 1 option:</u> (Option1): 9 (46-48oz) cans and 6 (64 oz) plastic containers OR (Option 2): 9 (12 oz) frozen cans and 6 (16 oz) frozen cans</p> <p>Group B: <u>Choose 1 option:</u> (Option1): 18 (46-48oz) cans and 12 (64 oz) plastic containers OR (Option 2): 18 (12 oz) frozen cans and 12 (16 oz) frozen cans</p> <p>Group C: <u>Choose 1 option:</u> (Option1): 45 (46-48oz) cans and 30 (64 oz) plastic containers OR (Option 2): 45 (12 oz) frozen cans and 30 (16 oz) frozen cans</p>	FROZEN Concentrate Apple Juice (Flavorite, Fred Meyer, Great Value, IGA, Safeway, Seneca, Treetop, or Western Family)	12 oz	\$	_____ # of cans
			FROZEN Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Fred Meyer, Great Value, IGA, Minute Maid (blends allowed), Safeway, or Western Family)	12 oz	\$	_____ # of cans
			FROZEN Grapefruit Juice (Great Value, Minute Maid, IGA, Safeway, or Western Family)	12 oz	\$	_____ # of cans
			FROZEN Pineapple Juice – Dole (100% Juice Blends allowed)	12 oz	\$	_____ # of cans
			FROZEN Grape Juice – white, purple, or blends. Welch's (yellow pull strip only)	12 oz	\$	_____ # of cans
			FROZEN Juice Blends – any flavor (100% juice). Dole or Orchard brands.	12 oz	\$	_____ # of cans
			CANNED Apple Juice (Great Value, Seneca Treetop, or Western Family)	46 oz	\$	_____ # of cans
			CANNED Orange	46 oz	\$	_____ # of

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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JUICE continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)			cans
			CANNED Grapefruit Juice (Great Value, IGA, Kroger, Safeway, Textsun, or Western Family)	46 oz	\$	_____ # of cans
			CANNED Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	46 oz	\$	_____ # of cans
			PLASTIC: Grape Juice: (Welch's)	46 oz	\$	_____ # of bottles
			CANNED Tomato Juice: Campbells Tomato (Regular or low sodium) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	46 oz	\$	_____ # of cans
			CANNED Vegetable Juice: Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	46 oz	\$	_____ # of cans

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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JUICE Continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	PLASTIC Apple Juice (Great Value, Seneca Treetop, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Orange Juice – Types allowed: Regular, Pulp Free, Added Pulp, Country Style, Low Acid, Calcium Fortified. (Flavorite, Great Value, Safeway, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Grapefruit Juice (Great Value, IGA, Kroger, Safeway, Textsun, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Pineapple Juice (Dole, Fred Meyer, Great Value, IGA, Safeway, or Western Family)	64 oz	\$	_____ # of containers
			PLASTIC Grape Juice: (Welch's)	64 oz	\$	_____ # of containers
			PLASTIC Tomato Juice: Campbells Tomato (Regular or low sodium) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	_____ # of containers

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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JUICE continued	For requirements, please see page 7.	For stocking requirements, please see page 7.	PLASTIC Vegetable Juice: Campbells V8 (Regular or Ess. Antioxidants) or Flavorite Fred Meyer, Great Value, IGA, Safeway, or Western Family brands	64 oz	\$	_____ # of containers
			POURABLE CONCENTRATE: Juice Juice & Welch's 100% Juice, Any Flavor	11.5 oz	\$	_____ # of containers
FRESH MILK	Refrigerated unflavored cow's fluid milk Whole, Skim, Non fat, Lowfat, 1%, 2%, Lactaid, Buttermilk, etc. Least expensive brand and largest size available Calcium or protein fortified allowed Soy milk specified separately. Goat's milk: Fresh fluid, evaporated, dry, UP and UHT. No organic or raw milk No flavored milk such as chocolate or fruit flavored No other non-dairy milks No sweetened condensed milk	Group A: 9 gallons (combination of ½ and 1 gallon size) Must at least include nonfat/skim and whole milk varieties. Group B: 18 gallons (combination of ½ and 1 gallon size) Must at least include nonfat/skim and whole milk varieties. Group C: 36 gallons (combination of ½ and 1 gallon size) Must at least include nonfat/skim and whole milk varieties.	Please provide LEAST EXPENSIVE Brand			
			Fresh milk, whole	½ gal	\$	_____ # of containers
			Fresh milk, whole	1 gal	\$	_____ # of containers
			Fresh milk, low fat (2%)	½ gal	\$	_____ # of containers
			Fresh milk, low fat (2%)	1 gal	\$	_____ # of containers
			Fresh milk, nonfat	½ gal	\$	_____ # of containers
			Fresh milk, nonfat	1 gal	\$	_____ # of containers
			Calcium-fortified fresh milk	½ gal	\$	_____ # of containers
			Lactose free or reduced Lactaid	½ gal	\$	_____ # of containers
			Protein-fortified fresh milk	½ gal	\$	_____ # of containers
			Acidophilus	½ gal	\$	_____ # of containers

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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FRESH MILK continued	For requirements, please see page 10.	For stocking requirements, please see page 10.	Buttermilk	½ gal	\$	_____ # of containers
			Goat's Milk, fresh fluid	½ gal	\$	_____ # of containers
POWDERED MILK	Not allowed for children ages 1-2 By warrant only, Warrant will specify box size and number of boxes. 8 qt boxes 3 qt. boxes	Group A: 9 (8qt) boxes 6 (3 qt) boxes Group B: 18 (8qt) boxes 12 (3 qt) boxes Group C: 45 (8qt) boxes 30 (3 qt.) boxes	Please provide LEAST EXPENSIVE Brand			
			Powdered milk	8 qt box	\$	_____ # of boxes
				3 qt. box	\$	_____ # of boxes
EVAPORATED MILK	12 oz size	Group A: 40 cans Group B: 80 cans Group C: 120 cans	Please provide LEAST EXPENSIVE Brand			
			Evaporated milk	12 oz	\$	_____ # of cans
UHT MILK	1 qt sizes	Group A: 32 qts Group B: 80 qts Group C: 120 qts	Please provide LEAST EXPENSIVE Brand			
			UHT milk	1 qt	\$	_____ # of containers

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
PEANUT BUTTER	Any least expensive eligible brand All textures, smooth to extra crunchy 16 to 18 oz Low sodium, low sugar, natural allowed No Honey Nut roasted No organic No low fat or reduced fat No bulk or grind your own No added marshmallows, jelly, or honey. No peanut butter slices or tube.	Group A: 3 jars Group B: 6 jars Group C: 15 jars	Peanut Butter	16-18oz	\$ (highest price)	_____ # of jars
SOY BEVERAGE	Allowed only if listed on warrants Soy beverage is different than milk and will be listed separately on warrants. Approved brands: <ul style="list-style-type: none"> Pacific Ultra Soy : Plain or vanilla flavored. Quart size, shelf-stable 8th Continent: Plain only. Half gallon size only, refrigerated. No chocolate flavor, light, or fat-free No added fat, sugar, oil or sodium	Group A: 32 qts Group B: 48 qts Group C: 96 qts	Pacific Ultra Soy beverage, shelf stable	1 qt	\$	_____ # of containers
			8 th Continent soy beverage, refrigerated	1 qt	\$	_____ # of containers
TOFU	Approved brands: <ul style="list-style-type: none"> Azumaya silken and lite silken Nasoya silken and lite silken Westsoy lowfat and firm Must be calcium set; refrigerated or shelf-stable 16 oz May purchase organic Not allowed: added fats, sugars, oils, or sodium	Group A: 3 packages Group B: 6 packages Group C: 10 packages	Azumaya silken and lite silken tofu	16 oz	\$	_____ # of packages
			Nasoya silken and lite silken tofu	16 oz	\$	_____ # of packages
			Westsoy lowfat and firm tofu	16 oz	\$	_____ # of packages

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
INFANT FORMULA	<p>Authorized WIC contract formulas</p> <ul style="list-style-type: none"> • Similac Advance Early Shield • Similac Isomil Advance • Similac Sensitive <p>Minimum stock requirement includes cans in backroom/storage as well.</p> <p>If number of cans on shelf is less than the minimum stock required, vendor must provide evidence of purchase at time of monitoring.</p> <p><i>Vendors in small rural areas who may not have any babies to serve must work with local agencies to obtain exemptions from carrying/stocking baby foods, baby meats, infant cereal and infant formula.</i></p>	<p>Group A: 32cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>12 cans (12.9 oz) Similac Isomil Advance – Powder, and</p> <p>12 cans (12.9 oz) Similac Sensitive - Powder</p>	Similac Advance Early Shield – Powder	12.9 oz	\$	_____ # of cans
		<p>Group B: 44 cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>22 cans (12.9 oz) Similac Isomil Advance – Powder, and</p> <p>20 cans (12.9 oz) Similac Sensitive - Powder</p>	Similac Isomil Advance-Powder	12.9 oz	\$	_____ # of cans
		<p>Group C: 88 cans (12.9 oz) Similac Advance Early Shield –Powder,</p> <p>58 cans (12.9 oz) Similac Isomil Advance – Powder,</p> <p>42 cans (12.9 oz) Similac Sensitive – Powder,</p> <p>170 cans Concentrate Similac Advance Early Shield,</p> <p>102 cans Concentrate Similac Sensitive, and</p> <p>68 cans Concentrate Similac Isomil Advance</p>	Similac Sensitive - Powder	12.9 oz	\$	_____ # of cans

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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INFANT CEREAL	8 oz or 16 oz size Only approved brands listed No added fruit or formula No DHA added No single servings No yogurt No high protein Minimum stock levels are for all approved varieties <i>Vendors in small rural areas who may not have any babies to serve must work with local agencies to obtain exemptions from carrying/stocking baby foods, baby meats, infant cereal and infant formula.</i>	Group A: 6 (8 oz) boxes At least one variety must be Rice. Group B: 12 (8 oz) boxes At least one variety must be Rice. Group C: 24 (8 oz) boxes At least one variety must be Rice.	Beechnut Barley Cereal	8 oz	\$	_____ # of boxes
			Beechnut Barley Cereal	16 oz	\$	_____ # of boxes
			Beechnut Rice Cereal	8 oz	\$	_____ # of boxes
			Beechnut Rice Cereal	16 oz	\$	_____ # of boxes
			Beechnut Oatmeal Cereal	8 oz	\$	_____ # of boxes
			Beechnut Oatmeal Cereal	16 oz	\$	_____ # of boxes
			Beechnut Mixed Cereal	8 oz	\$	_____ # of boxes
			Beechnut Mixed Cereal	16 oz	\$	_____ # of boxes
			Natures Goodness Mixed Cereal	8 oz	\$	_____ # of boxes
			Natures Goodness Mixed Cereal	16 oz	\$	_____ # of boxes
			Natures Goodness Rice Cereal	8 oz	\$	_____ # of boxes
			Natures Goodness Rice Cereal	16 oz	\$	_____ # of boxes
			Natures Goodness Oatmeal Cereal	8 oz	\$	_____ # of boxes
			Natures Goodness Oatmeal Cereal	16 oz	\$	_____ # of boxes
			Gerber Barley Cereal	8 oz	\$	_____ # of boxes
			Gerber Barley Cereal	16 oz	\$	_____ # of boxes

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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INFANT CEREAL continued	For requirements, please see page 14.	For stocking requirements, please see page 14.	Gerber Rice Cereal	8 oz	\$	_____ # of boxes
			Gerber Rice Cereal	16 oz	\$	_____ # of boxes
			Gerber Oatmeal Cereal	8 oz	\$	_____ # of boxes
			Gerber Oatmeal Cereal	16 oz	\$	_____ # of boxes
			Gerber Mixed Cereal	8 oz	\$	_____ # of boxes
			Gerber Mixed Cereal	16 oz	\$	_____ # of boxes
BABY MEATS	Must stock 2.5 oz size Must stock at least one variety of meat Commercial infant food meat or poultry Any eligible brand Single major ingredient with added broth or gravy No desserts No mixtures with cereal allowed No organic No added sugars, starches, and salt. No dried, freeze-dried, frozen, banana puffs No dinners or combinations with fruits, vegetables, or starches Cannot go over maximum amount listed on warrant	Group A: 62 (2.5 oz.) jars Group B: 124 (2.5 oz) jars Group C: 248 (2.5 oz) jars	Baby Meat: Gerber or Beech-Nut only Beef with Beef Gravy or Broth Chicken with Chicken Gravy or Broth Turkey with Turkey Gravy or Broth Ham and Ham Gravy or Broth Veal and Veal Gravy or Broth	2.5 oz	\$(highest Price)	_____ # of jars

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
BABY FOODS (FRUITS AND VEGETABLES)	<p>Approved brands:</p> <ul style="list-style-type: none"> Gerber Beech Nut Nature's Goodness <p>Stages 2 and 3 Sizes vary by stage and brand (4 oz, 6 oz or 3.5 oz 2-packs (net weight 7 oz)) Must be single ingredient commercial baby food. Textures can range from strained through diced.</p> <p>Must stock 4 oz or 6 oz size or 3.5 oz plastic containers Must stock 2 kinds of fruits and vegetables Minimum stock levels are for all approved varieties</p> <p>No desserts No mixtures with cereal allowed No organic No added sugars, starches, and salt. No dried, freeze-dried, frozen, banana puffs No dinners or combinations with fruits, vegetables, or starches</p> <p>Cannot go over maximum amount listed on warrant May substitute 1 lb. fresh bananas for 8 oz baby food fruit, up to 2 lb of bananas</p> <p><i>Vendors in small rural areas who may not have any babies to serve must work with local agencies to obtain exemptions from carrying/stocking baby foods, baby meats, infant cereal and infant formula.</i></p>	<p>Group A: 512 oz. total 128 (4) oz. jars or 74 2(3.5 oz.) plastic containers</p> <p>Group B: 1024 oz. total 256 (4 oz). jars or 147 2(3.5 oz.) plastic containers</p> <p>Group C: 2048 oz. total 512 (4 oz.) jars or 292 2(3.5 oz.) plastic containers</p>	Fruit Variety #1-list Brand(s) -example Gerber applesauce	4 oz.	\$ (highest price)	_____ # of jars-

			Fruit Variety #1-list brand(s)	7 oz.	\$	_____ # of containers-

			Fruit variety #2-list brand(s)	4 oz.	\$	_____ # of jars-

			Fruit variety#2-list Brand(s)	7 oz.	\$	_____ # of containers-

			Vegetable variety #1-list brand(s)	4 oz..	\$	_____ # of jars-

			Vegetable variety #1- list brand(s)	7 oz.	\$	_____ # of containers-

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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BABY FOODS (FRUITS AND VEGETABLES) continued	For requirements, please see page 16.	For stocking requirements, please see page 16.	Vegetable variety #2-list Brand(s) _____	4 oz..	\$	_____ # of jars-
			Vegetable variety #2-list Brand(s) _____ _____	7 oz.	\$	_____ # of containers-

WHOLE GRAINS: Vendors must carry 14-16 oz. bread or rolls and at least one other 16 oz. whole grain product. Other breads are on the list for future warrant changes.

- Whole wheat Bread, Buns, and Rolls
- Tortillas
- Brown Rice

WHOLE WHEAT BREAD, BUNS, AND ROLLS	Amount up to 16-32 oz as listed on WIC warrants. May be purchased with tortillas and/or brown rice to add up to total amount on warrants. Only authorized brands/products as listed on the right. Not allowed: diet, light, or gluten-free	Group A: 4 loaves Group B: 6 loaves Group C: 12 loaves	Alaska Golden Pride 100% whole wheat (ww) bread	24 oz	\$	_____ # of loaves
			Fred Meyer 100% ww hamburger rolls	14 oz	\$	_____ # of loaves
			Fred Meyer 100% ww bread	16 oz	\$	_____ # of loaves
			Nature's Pride 100% ww bread	20 oz	\$	_____ # of loaves
			Oroweat 100% ww dinner rolls	14 oz	\$	_____ # of loaves
			Oroweat 100% ww hamburger buns	21 oz	\$	_____ # of loaves
			Oroweat 100% ww bread	24 oz	\$	_____ # of loaves

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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WHOLE WHEAT BREAD, BUNS, AND ROLLS continued	For requirements, please see page 17.	For stocking requirements, please see page 17.	Oroweat 100% ww buns	10 oz	\$	_____ # of loaves
			Oroweat 100% ww hot dog buns	14 oz	\$	_____ # of loaves
			Wonder Stone ground 100% ww bread	24 oz	\$	_____ # of loaves
			Country Oven 100% ww dinner rolls	18 oz	\$	_____ # of loaves
			Kroger Country Oven Sandwich Bread 100% ww	24 oz	\$	_____ # of loaves
			Great Value 100% ww bread	20 oz	\$	_____ # of loaves
			Safeway 100% ww bread	22 oz	\$	_____ # of loaves
			Safeway 100% ww dinner rolls	20 oz		_____ # of loaves
			Franz 100% ww bread	24 oz	\$	_____ # of loaves
			Franz Oregon Trail 100% ww bread	26 oz	\$	_____ # of loaves
			Sara Lee 100% ww bread w/ honey	24 oz	\$	_____ # of loaves
			Sara Lee Soft and Smooth 100% ww bread	20 oz	\$	_____ # of loaves
			Sara Lee Hearty and Delish 100% ww bread	24 oz	\$	_____ # of loaves
			Roman Meal 100% ww bread	16 oz	\$	_____ # of loaves

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
WHOLE WHEAT TORTILLA	Whole wheat Up to 16 oz, soft only Package must say "Whole Wheat" or "100% Whole Wheat" on label. Approved brands: <ul style="list-style-type: none"> • Don Pancho • La Burrita • Mission • Reser's May be purchased with brown rice and/or whole grain bread to add up to total amount on warrant.	Group A: 3 pounds Group B: 5 pounds Group C: 12 pounds	Don Pancho Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			La Burrita Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			Mission Whole Wheat Tortillas	16 oz	\$	_____ # of packages
			Reser's Whole Wheat Tortillas	16 oz	\$	_____ # of packages
SOFT CORN TORTILLA	White or Yellow corn 100% whole grain Up to 16 oz package Approved brands: <ul style="list-style-type: none"> • Don Pancho • La Burrita • Mission • Reser's May be purchased with brown rice and/or whole grain bread to add up to total amount on warrant.	Group A: 4 pounds Group B: 7 pounds Group C: 12 pounds	Don Pancho Corn Tortillas	16 oz	\$	_____ # of packages
			La Burrita Corn Tortillas	16 oz	\$	_____ # of packages
			Mission Corn Tortillas	16 oz	\$	_____ # of packages
			Reser's Corn Tortillas	16 oz	\$	_____ # of packages
BROWN RICE	Any brand, plain brown rice in boxes or bags. May be instant, quick or regular cooking, long or short grain. Participants can buy up to total ounces listed on WIC warrants. This may be purchased with tortillas and/or whole grain bread to add up to total amount on warrant. No fats, oils, sodium, or sugars. No bulk.	Group A: 2 packages Group B: 3 packages Group C: 5 packages	Regular Brown rice	1 lb package	\$	_____ # packages
			Quick Brown Rice	1 lb package	\$	_____ # of packages
			Instant Brown Rice	1 lb package	\$	_____ # of packages

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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FRUITS AND VEGETABLES	<p>Fresh, canned, or frozen</p> <p>Must stock at least two varieties of fruits and two varieties of vegetables</p> <p>Participants can pay additional amount above value of Fruit and Vegetable Vouchers (FVVs)</p> <p>No change can be given for lesser purchases</p> <p>Any eligible brand/variety and container size is allowed for canned or frozen fruits/vegetables</p> <p>Fruit or vegetable mixtures are allowed except those that include white potatoes in any variety</p> <p>May purchase organic</p> <p>No dried</p> <p>No varieties of white potatoes or products i.e. red, gold, purple, etc.</p> <p>No juice or soup</p> <p>No herbs or spices; edible blossoms and flowers, e.g. squash blossoms (broccoli, cauliflower and artichokes are allowed); creamed or sauced vegetables; vegetable-grain (pasta or rice) mixtures; fruit-nut mixtures; breaded vegetables; ornamental and decorative fruits and vegetables such as chili peppers on a string, garlic on a string, gourds, painted pumpkins, fruit baskets and items such as blueberry muffins and other baked goods.</p> <p>No dried, creamed or sauced vegetables.</p> <p>No catsup or other condiments, pickled vegetables, olives, pizza sauce, etc.</p> <p><u>Fresh Fruits and Vegetables:</u></p> <ul style="list-style-type: none"> Any variety or combination Whole or cut Bagged salads and vegetables allowed Sweet potatoes and yams allowed No cut fruits and vegetables from salad bars or party platters No fruit leathers or fruit rollups 	<p>Group A: \$45</p> <p>Can meet requirement by solely stocking required frozen or canned fruits or vegetables. Encouraged to have as much fresh produce as possible.</p> <p>Group B: \$90</p> <p>Must stock \geq\$45 of required fresh fruits and vegetables</p> <p>Group C: \geq \$225</p> <p>Must stock \geq\$150 of fresh required fruits and vegetables.</p>	Fresh Fruits	Use average amounts	\$	\$ _____
			Fresh Vegetables	↓	\$	\$ _____
			Canned Fruits	↓	\$	\$ _____
			Canned Vegetables	↓	\$	\$ _____
			Frozen Fruits	↓	\$	\$ _____
			Frozen Vegetables	↓	\$	\$ _____

Food Item	Requirements	Quantities required to stock	Description	Size	Price	Please indicate current inventory
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FRUITS AND VEGETABLES continued	<u>Frozen Fruits and Vegetables:</u> <ul style="list-style-type: none"> Any brand/variety or container size without white potatoes Whole or cut Sweet potatoes and yams without added sugar or syrup allowed Any kind of beans such as green beans, wax beans, black-eyed peas, black beans, or pinto beans allowed Any plain or fruit mixture allowed. No added fats, oils, sugars, or salt 					
	<u>Canned Fruits and Vegetables:</u> <ul style="list-style-type: none"> Any brand/variety or containers; i.e. cans, jars, pouches, etc. Regular or low sodium Salsa and spaghetti sauce if 100% vegetables Unsweetened or no sugar added applesauce only Fruit may be juice or water-packed without added sugars, fats, oils, or salt Any plain fruit or fruit mixture without added sugar Sweet potatoes and yams without added sugar or syrup allowed No added fats, oils, or meat No white potatoes. No sweet potatoes or yams with added sugar No catsup or other condiments, pickled vegetables, or olives No canned legumes – legumes separately specified on warrant 					